

CRYSTAL PROGRAMMING

Programming a crystal is one of the easiest and strongest ways to bring the powerful energies of crystals into your life. It is an enjoyable process that helps you achieve your goals.

Programming a crystal focuses all the energy that comes out of that crystal towards a specific goal in your life. It can be an emotional goal, a mental goal, a personality or qualities goal, a relationship goal, or an achievement/manifestation on the physical plane. Today we are going to cover the process of choosing a crystal to program and how to program it.



Choosing a Crystal

Choosing the perfect crystal to program can be done in two different ways.

- 1) You can evaluate what you are choosing to achieve and then look for a crystal with appropriate shape and type properties to help you.
- 2) You can choose it by Intuition and Connection, allowing the crystal that wants to help, to show itself to you. Today we are going to work with this Intuitive method.



Intuitive Method

Start by thinking about the area of your life that you would like to make changes in.

Take a moment or three to focus on what you would like to manifest.

Feel confident that you will find a crystal to partner with in achieving your goals.

Then hold your goal in your mind as though you have already achieved it, and feel the resulting positive emotions fully in your body and your heart.

Enjoy these positive thoughts and happy emotions as you go towards the crystals and gently ask, “Is there anyone here who would like to help me grow and achieve my goals?”



Be open and relaxed as you enjoy being with the crystals. Before too long a crystal or maybe several crystals will glow a little brighter, call to you, or start to attract your attention in some way. Feel free to select one or several, sit down to spend some time with them, seeing how they feel.

Take your time: you will know when you have the correct crystal by how it feels. If it feels good you are ready to move to the next step. If it doesn't feel quite right for this goal, move on to the next crystal that you selected or repeat the process from the start.



Steps in Programming a Crystal

Programming a crystal involves a couple of simple steps.

Cleansing the crystal,
Giving the crystal love,
Telling the crystal what you want to achieve.

Cleansing the Crystal

To cleanse the crystal, spray it with Aura Cleanser and massage the cleanser in while visualizing white light filling the crystal. Do this for as long as seems right.

It is also common to do this a longer slower way by leaving it out in nature to be cleansed by sunlight and moonlight, and programming it when an appropriate time in the Lunar cycle arrives.

Opening the Crystal with Love

To fill the crystal with love, hold the crystal in your hands and beam unconditional love at it. Feel free to think of somebody or something else if it helps to generate the feeling of unconditional love to send into the crystal.

After a couple of minutes of being love saturated you will feel the crystal open energetically. This process of filling the crystal with love to open its energy is a foundation skill in working with crystals. It opens the crystal to fully and effectively receive your programming.



Programming a Crystal

Start by placing your crystal in your left hand, point in towards your palm and put your right hand on top of it. Reverse hands if you are left handed.

As you hold it say, “I now program you to help me.....”

You can say it as softly as you like but it is helpful to speak it out loud. This helps more of your brain and therefore more of your energy field becomes involved.

It is also helpful at this stage to again visualize what you want as already achieved and to allow yourself to fully feel the happiness that this achievement will bring you.

By this combination of feeling, speaking, and visualizing, you are sending the energy of what you choose to manifest down into the crystal. The crystal picks up this energy and amplifies it, sending the amplified energy up through you left (or receiving) arm. Then the energy loops down your right arm into the crystal again, which re-amplifies the energy, strengthening it more with every loop. You will clearly feel when the crystal is programmed.

Using a Programmed Crystal

A crystal that has been programmed is highly focused on sending energy to a particular area of your life or specific chosen goal. To use a programmed crystal you can meditate with it, talk to it, hold it, share successes along your path with it, and ask it for clarity and for assistance. You can also put it somewhere safe and let it work by itself.

Caring for a Programmed Crystal

Generally you do not want others to touch or interact with your programmed crystal, as it can muddy or diffuse the focus. This is to be avoided as it is this focus that is most important in getting results.

I have seen people place programmed crystals in silk bags so only very fine energy can get through the silk to the crystal. Other people place their crystal in a private place, on an altar, wear it, or put it in a medicine bag. It is up to you and the crystal to find the perfect place.

